



Mastering the Art of Play Part 2

In this training, you are likely to introduce terms and key concepts related to playful learning and effective activity facilitation. This glossary will help the facilitators establish a common language, allowing participants to engage with the material more meaningfully and to communicate clearly with each other throughout the training.

Glossary of Key Terms

Active Listening: Fully focusing on what someone is saying, showing understanding through responses and body language.

Active Participation: Engaging fully in an activity by contributing ideas, efforts, or energy.

Activity Zones: Designated spaces for specific activities, organized to ensure safety, engagement, and smooth transitions.

Conflict: Disagreements or clashes between individuals that need resolution to maintain a positive environment.

Debrief: A structured conversation after an activity to reflect on what happened, share insights, and learn from the experience.

Disengagement: When someone loses interest or connection to an activity, often shown by lack of participation or attention.

Emotional Development: The process of understanding, expressing, and managing emotions effectively, crucial for building resilience and relationships.

Encouragement: Positive words or actions that motivate others to try their best and build confidence.

Exclusion: When someone is left out or not allowed to participate, either intentionally or unintentionally, which can harm their sense of belonging.

Extroverted: Someone who is outgoing and energized by social interactions.

Gamification: Adding game-like elements to activities to make learning fun and engaging.

Group Dynamics: The way individuals in a group interact and work together, influenced by relationships and group roles.

Inclusive: Creating an environment where everyone feels welcomed, valued, and able to participate fully, regardless of differences.

Introverted: Someone who tends to be quiet and reflective, often recharging by spending time alone.



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Modeling Behavior: Demonstrating the actions, attitudes, and behaviors you want others to adopt.

Natural Leader: A person who naturally takes charge, inspires others, and guides the group effectively.

Non-verbal Cues: Communication without words, using body language, facial expressions, and gestures.

Open-ended Question: A question that encourages discussion and thought by not having a simple yes-or-no answer.

Positive Reinforcement: Rewarding desired behaviors to encourage them to happen again, such as giving praise or recognition.

3Ps (Purpose, Participants, Process): A framework to plan activities by defining their goal (Purpose), audience (Participants), and steps (Process).

Social Skills: Abilities that help individuals interact positively with others, including communication, cooperation, and empathy.

Storytelling: Sharing stories to teach, inspire, or make a point in a relatable and memorable way.