



Mastering the Art of Play Part 2

This activity guides facilitators in leading youth participants through a creative exercise that promotes teamwork, collaboration, and inclusion. By assigning roles and using structured prompts, facilitators ensure balanced participation and help participants reflect on the value of working together.

This activity allows facilitators to:

- Manage small group dynamics effectively.
- Encourage participation from youth with diverse personalities.
- Guide a collaborative creative task to explore the concept of teamwork.
- Lead a reflective debrief to reinforce learning and growth.

What Participants Will Do:

- Work in small groups to create a drawing that represents teamwork.
- Contribute ideas based on assigned roles to ensure a well-rounded group effort.
- Reflect on their experience and insights during a guided discussion.

Setup:

- Materials Needed:
- 5-6 large sheets of paper (one per group).
- Markers, crayons, or colored pencils (enough for all participants).
- Group Arrangement:
- Divide the participants into 5-6 small groups (3-4 participants per group).
- Assign one facilitator to each group to guide the activity.

Activity Instructions:

Step 1: Introduce the Task:

Explain the activity clearly to all participants:

- "You will work together in groups to create a drawing that shows what teamwork means to you."
- "The drawing can be anything that represents teamwork: people helping each other, symbols like gears or hands, or something else creative."
- "Each group member will take a turn contributing to the drawing, and everyone's input will be included."

Step 2: Assign Roles

Explain the roles and assign one to each participant:

- **The Quiet Thinker:** Shares thoughtful ideas but might need encouragement to participate.
- **The Energetic Contributor:** Brings lots of enthusiasm but might need help making space for others.



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- **The Hesitant Helper:** May need extra support to feel confident in contributing.
- **The Team Organizer:** Keeps the group on track and helps everyone work together.

If needed, suggest roles based on participants' natural tendencies to help them feel comfortable.

Step 3: Facilitate the Group Work

Guide participants as they collaborate to complete the drawing:

Use these prompts to encourage participation:

- **Quiet Thinker:** "What's one idea you'd like to add to the drawing?"
- **Energetic Contributor:** "Let's make sure everyone has a chance to add something."
- **Hesitant Helper:** "What's something small you can add, like people working together or sharing?"
- **Team Organizer:** "Can you ask the group what might be missing and help decide together?"

Encourage creativity and keep the group focused on teamwork.

Debrief

After the drawings are complete, gather the groups for a reflective discussion:

Debrief Questions:

- What does your group's drawing show about teamwork?
- How did you work together to create the drawing?
- What was easy about working as a group? What was challenging?
- How did the different roles help the group succeed?

Key Reminders for Facilitators

- **Set the Tone:** Be encouraging and positive. Help participants feel comfortable sharing their ideas.
- **Balance Participation:** Use prompts to guide quieter participants while gently redirecting more dominant ones.
- **Stay Focused:** Keep the group on task but allow room for creativity.
- **Highlight Success:** During the debrief, celebrate the group's efforts and teamwork.