



Turning C2L into Everyday Practice:

Case Study

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Read the following case study and use the discussion question to guide the group discussion.

Case Study

Emory, a high school junior interested in healthcare careers, began an internship at a community health center. Like many youth, Emory was excited but nervous and had little previous workplace experience.

During Emory's first week, the site supervisor provided a structured orientation that included workplace expectations, introductions to staff, a tour of the facility, and a clear explanation of the youth's role. Emory also received a schedule outlining learning goals and the skills they would develop throughout the semester.

Recognizing that Emory was initially hesitant to ask questions, the supervisor scheduled brief weekly check-ins. During these meetings, Emory could discuss what was going well, ask questions, and reflect on new skills being developed. The supervisor consistently provided encouraging, specific feedback and helped Emory connect daily tasks to healthcare careers.

As Emory became more comfortable, staff members intentionally expanded responsibilities. Emory progressed from shadowing employees to assisting with administrative tasks, preparing materials for patient education programs, and participating in team meetings.

The supervisor also learned that Emory was interested in public health. In response, she arranged opportunities to spend time with staff who focused on community outreach and health education. Emory completed a small project analyzing attendance data from community wellness events and presented the findings to staff.

Throughout the placement, the supervisor maintained communication with the program coordinator and quickly addressed questions or concerns.

By the end of the internship, Emory reported increased confidence, stronger communication skills, and a clearer understanding of healthcare career options. The health center also expressed interest in hosting future youth because of the positive experience.

Discussion Questions

1. What specific practices contributed most to the success of this placement?
2. How did the employer intentionally support youth development rather than simply assign tasks?
3. How did the supervisor balance workplace needs with learning opportunities?